

## MEDICAL REPORT

<b>SOLICITOR'S REF</b>	ACC/123/987
<b>INSTRUCTIONS FROM</b>	Joe Bloggs Solicitors
<b>CLIENT'S NAME</b>	Chris Smith
<b>ADDRESS</b>	1 Lightfoot Street, Hoole, Chester
<b>DOB</b>	01 March 1965
<b>DATE OF ACCIDENT</b>	10 February 2010
<b>DATE OF REPORT</b>	15 April 2010
<b>REVIEW OF NOTES</b>	None
<b>IDENTIFICATION</b>	None
<b>OCCUPATION</b>	Unemployed

## **ACCIDENT**

On the afternoon of the 10 February 2010, Chris Smith was travelling from Chester to Birmingham in a Ford Fiesta fitted with seatbelts and headrests. He was the front seat passenger. Without warning, whilst stopped suddenly in traffic, another vehicle impacted with the rear of the vehicle he was travelling in and shunted him into the vehicle in front.

## **MOVEMENT OF CLIENT ON IMPACT**

He suffered a forced flexion/extension movement of his neck and back without rotation.

## **IMMEDIATE SYMPTOMS**

He immediately had neck and back pain.

## **CHRONOLOGICAL PROGRESSION OF PHYSICAL SYMPTOMS**

He went to Countess of Chester Accident and Emergency Department where he was examined. No x-rays were taken. A whiplash-type injury was diagnosed and he was discharged with advice.

The pain in his neck and back was severe for four weeks, interfering with sleep and needing analgesics which then improved. He has had no physiotherapy.

### **CHRONOLOGICAL PROGRESSION OF PSYCHOLOGICAL SYMPTOMS**

There have been no psychological symptoms as a consequence of the accident.

### **CURRENT SYMPTOMS AND TREATMENT**

He has pain in his neck on turning. His back pain is now resolved and had done so by the last week in March 2010.

### **PAST MEDICAL HISTORY**

There is no past medical history of note. No previous history of accident. There is no history of stress disorder or depression, no history of musculoskeletal problems.

### **LOSS CONSEQUENTIAL TO INJURY**

He is unemployed. The accident affected his ability to go to the gym for one month.

### **EXAMINATION**

He is a man of normal build with a normal gait.

Examination of his upper limbs is normal.

Examination of his cervical spine shows a full range of movement actively and passively in all directions. There was no muscular tenderness.

Flexion/extension of his lumbosacral spine is full. Straight leg raising is full. There was no spinal tenderness. There were no other marks, scars or bruises and no inappropriate responses.

## **SUMMARY AND CONCLUSIONS**

As a result of a road traffic accident on the 10 February 2010, Chris Smith sustained a whiplash injury to his cervical spine and a lower back sprain.

The injuries sustained are compatible with the accident. The adverse feature associated with the accident was a double impact.

As a consequence of the accident he had severe pain in his neck and back for three weeks before improvement. His back pain is now resolved and had done by the last week of March. He still has occasional neck pain on turning.

Psychologically, there has been no consequence to the accident. The accident had affected his ability to go to the gym for one month. He was unemployed at the time of the accident.

Examination shows that movement of his cervical spine and lumbosacral spine is full and pain-free actively and passively in all directions.

## **PROGNOSIS**

In my opinion and on the balance of probability, a full physical recovery can be anticipated from the affects of the accident at a time within six months of the date of the accident.

I base my opinion on the facts that recovery to-date has been satisfactory and the range of movement of his cervical spine and lumbosacral spine is full.

In my opinion, there have been no long-term implications for acceleration of the degeneration of his cervical or lumbosacral spine. I have no further recommendations to make regarding further investigations, specialist opinions or treatment.

The client is a good historian. His injuries are consistent with the accident.

The injury will have no long-term affect on his future work prospects.

#### **REVIEW OF MEDICAL RECORDS**

This report has been compiled without access to his General Practitioner notes.

In my opinion, examination notes are not required, as the client is a good reliable historian and the injuries sustained are compatible with the accident described.

## Declaration

I am a general practitioner and have been a member of the Royal College of General Practitioners since 1984. I have been in general practice since 1982.

Chris Smith was seen by me on 15 April 2010. The instruction was taken from Joe Bloggs Solicitors for the purpose of the preparation of this medico-legal opinion with regard to an accident on 10 February 2010.

The opinion was prepared with the benefit of a clinical interview and clinical examination.

I understand my duty is to the Court and this opinion has been compiled with the Duty Rule 35,10(2). I understand the Expert's duty is to help the Court on matters within my expertise.

I confirm that I have made clear which facts and matters referred to in this report are within my own knowledge and which are not. Those that are within my own knowledge I confirm to be true. The opinions I have expressed represent my true and complete professional opinions on the matters to which they refer.

I understand that my duty as expert witness is to the Court. I have complied with that duty. This report includes all matters relevant to the issues on which my expert evidence is given. I have given details in this report of any matters which might affect the validity of this report.